

# Building Capital “T” Teams with Team Agreements

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Scrum  
Alliance®



# Alexander (Sasha) Frumkin

## Recovering Developer & Scrumoholic



### Background:

- Passionate Trainer, Coach and Author
- Over 25 years of hands-on technical experience
- 11 years experience with Agile methodologies
- Principal agile coach at Bank of the West
- Facilitator of multiple online MeetUp groups
- A2ZAgility founder

### Personal mission:

Embrace happiness and creativity by bringing psychological safety to the workplace

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A team is not a group  
of people that work together.  
A **team** is a group of people  
that **trust each other.**

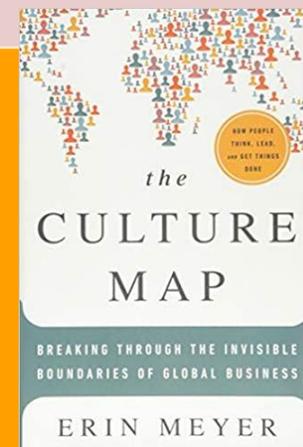
— *Simon Sinek*

AZ QUOTES



# Cultural differences

What?	So What?	Now what?
<p>People have different system of defaults, different expectations</p>	<p>Unrealistic expectations, frustration, unhealthy conflicts, lack of psychological safety.</p>	<p>Make everybody aware, align expectation, find a common ground.</p>



# Table Team Discussion

What cultural habits would you feel comfortable to share with your table team?

# PLANNER & CALENDAR

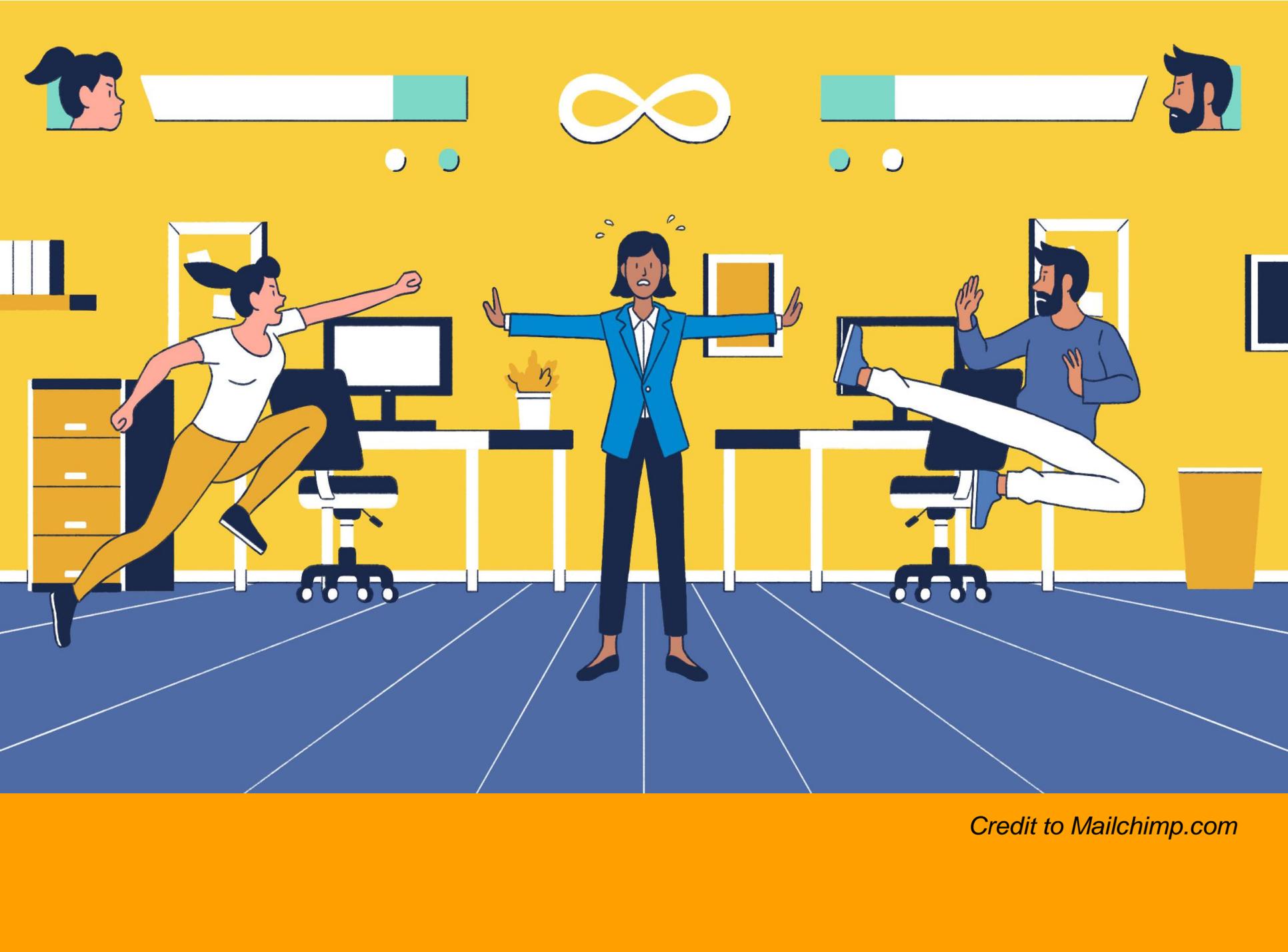
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
			Staff meeting			
6	7	8	9	10	11	12
	MR. John 10 AM - Team meeting		SEMINAR @			
		15	16		18	19
		22	23		24	26
		29	30	31		

schedule  
timeline  
to do  
memo



# Team Logistics

<b>What?</b>	<b>So What?</b>	<b>Now what?</b>
Team members in different time zones, different communication preference, etc.	Ineffective decision making, frustration, anger.	Make everybody aware, find what works for everybody, set up expectations.



Credit to Mailchimp.com

# Conflict Resolution

<b>What?</b>	<b>So What?</b>	<b>Now what?</b>
Conflicts cannot be avoided; they happen every day.	Bad conflicts can ruin teams, good conflicts help teams' maturity.	Agree on conflict resolution approach.

# “Aristotle” at Google

## What Makes a Team effective?

*Aristotle - "the whole is greater than the sum of its parts"*

- ✓ 2 years;
- ✓ 180 teams; and
- ✓ 250 attributes.



# The five keys to a great team



# What's Psychological safety?



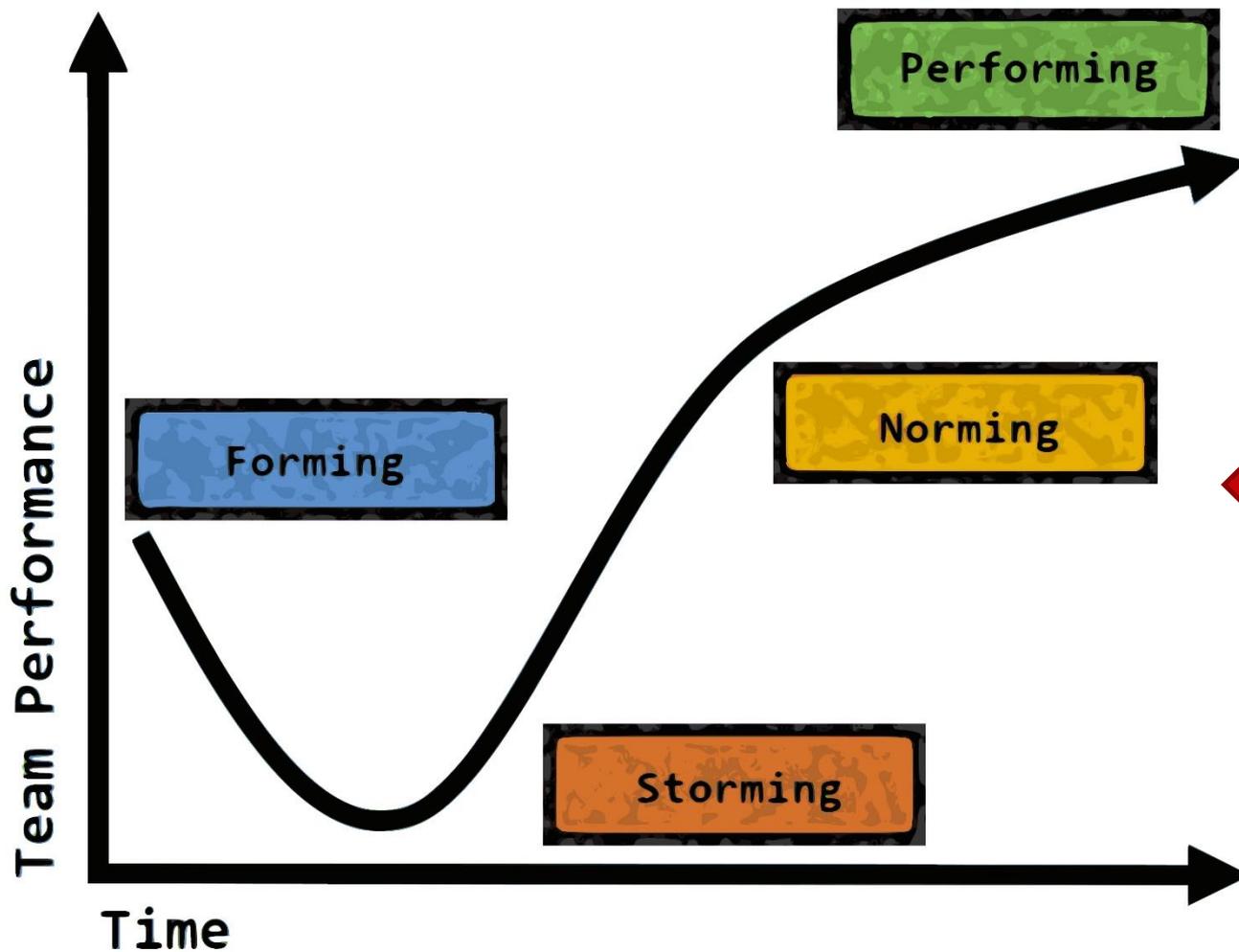
Professor Amy Edmondson  
*Harvard Business school*

**“Psychological safety** the shared belief that a team is safe for personal risk-taking...that the team will not embarrass, reject or punish someone for speaking up.”

# Diverse Teams



# 4 Stages of Team Development



Make it shorter

A team agreement is a **set of values, principles or behaviors that a team uses to improve their communication, build trust and keep each other accountable**. This contract can cover territory such as how members will work together, make decisions, communicate, share information, and support each other.

# Team Agreement - Step by step

**Why?**

**Collect the Ideas**

**Cluster**

**Vote**

**Make it Visible**

**Inspect & Adapt**

# Table Discussion

- What specific areas besides the ones discussed earlier in this talk would you like to include into a Team Agreement for your teams?
- Pick one of the areas and discuss how would you address it in a Team Agreement for your teams



What can I do  
differently tomorrow?

Thank You!

